

**Massage short course Aroma therapy, once the student has completed the course, they will be able to perform a massage treatment.**

**Massage course content**

**Theory**

History of massage

Different types of massage

Different massage techniques

Different massage mediums

Essential oil use`s

**Practical**

Back massage

Full body massage

leg massage

Arm massage

Décolleté massage

**Massage**

1x Grapeseed oil

5x Essential oils

**NB!** (No massage beds are included in kits; however, they are available to use during training)